



Swimmer Code of Conduct

As a swimmer & member of Blue Arrow Swimming Club (BASC), you should accept the following code of conduct:

1. You should conduct yourself with dignity and respect for others and for the property of others.
2. You should be on time for practice, training sessions, and meets.
3. You should comply with all team rules.
4. As a matter of team pride & courtesy to meet hosts, pool facility operators, & janitorial staff member, swimmers you should leave the BASC team area in a neat & clean condition at the conclusion of each practice session. You should understand this also applies to pool locker/rest rooms, bleacher areas, pool decks, etc.
5. You should practice and teach good sportsmanship.
6. You should promote positive team spirit and morale.



7. You should offer congratulations and encouragement to his/her opponents.

8. You should support your teammates at practice and at competition. Working together as a unit will benefit each team member and is an important part of BASC spirit.

9. You should follow verbal directions of the coaching staff. At no time will disrespectful attitudes by any swimmer be tolerated.

10. You should respect the rights and space requirements of other groups using the swimming facility.

11. You should follow the Code of Conduct at home, at away events and at any event where BASC is represented.

Prohibited Behavior:

You should understand that at no times will the following be accepted:

1. Use or possession of any illegal substance (i.e. alcohol, drugs, tobacco).
2. Destructive behavior.



3. Inappropriate or unruly behavior, including fighting or striking another athlete.
4. Inappropriate language (swearing or derogatory comments) or lying.
5. Stealing and vandalism.
6. Bullying or isolating another swimmer.
7. Interference with the progress of another swimmer during practice or at any other time.

Consequences for Violation of the Code of Conduct:

This code shall be in force for all BASC swimmers during practice, during swim meets, and at events sponsored by, or in which, BASC is represented. Disciplinary actions can range from, but are not limited to: reprimands, repetitions of a drill, push ups, etc., being sent home from practice or meets at the parents' expense, expulsion from the team, being barred from competition, or receiving any other disciplinary action that the coach deems necessary if a member fails to adhere to the Code in part or in whole.

SUSPENSION: Coaches may suspend a swimmer from practice for disciplinary reason for a maximum of three days. Coaches



may also recommend that a swimmer be expelled from the club if in his/her judgment, the swimmer is unable to conform to the disciplinary guidelines established for swim practice and club participation.

Safety and Behavior

Blue Arrow Swimming Club reserves the right to terminate the membership of any individual whose behavior places BASC in an unfavorable light or jeopardizes our participation in any pool use or sporting event. All swimmers are expected to demonstrate good sportsmanship and act as appropriate ambassadors for the club. They should act as role models for other swimmers at all times.